PRINCIPAL’S MESSAGE

Dear Parents,

We are about to embark on an exciting time at Cambridge Gardens Public School. This Wednesday we have our Kindergarten Orientation at 10:15am. Next week we will have our Stage 3 students going to Canberra from Monday – Thursday. These two events are milestones in any student’s life and we are looking at celebrating both of them in the coming weeks.

Welcome back! Mrs Nelson, Mrs Williams and Mr Nicholls. Great to have these three valuable staff members back in our school.

There is a survey on our Facebook page and our Webpage for our Mathletics program. We are evaluating the process and how it best can be utilised in our school. Please log on and complete the survey, there is an opportunity to give your feedback about the program.

At this week’s K-6 Assembly we will be recognising our students in their sporting achievements across the year. Athletics and Cross Country awards will be handed out including event certificates (1st, 2nd and 3rd) and age champions medals.

Athletics Age Champions
Junior Boys
Junior Girls
11 years Boys
11 years Girls
Senior Boys
Senior Girls
Cross Country Age Champions
8/9 years Boys
8/9 years Girls
10 years Boys
10 years Girls
11 years Boys
11 years Girls
12 years Boys
12 years Girls

Daniel Borland
Rylee Schofield
Joel Bauerhuit
Elissa Lee
Alec Bailey
Carley Bingham
Mitchell Shanahan
Tia Ellick
Tyrone Johnson
Rylee Schofield
Tyler Ellick
Danielle Latter
Alec Bailey
Carley Bingham

Have an awesome week!

Mr Denis Morgan
Rel Principal

Penrith Valley Public Speaking Competition Cluster Final

On Tuesday 21st October, Caleb Fayers (Year 3), Calvin Fisher (Year 4), Ashlee Gillard (Year 5) and Danielle Latter (Year 6) represented Cambridge Gardens Public School at the Cluster Final stage of the Penrith Valley Public Speaking Competition at Werrington County Public School.

All four of our representatives presented the speeches that saw them win the school Public Speaking competition held during our Father’s Day celebrations. The quality of speaking at the Cluster Final was of a very high standard and unfortunately none of our students made it through to the final stage of the competition. However, we congratulate Caleb, Calvin, Ashlee and Danielle on their wonderful achievement of making the Cluster Final and on representing our school so proudly.

Mr Kristof
**Principal’s Assembly**
Friday, 7th November, 2014 - all awards need to be recorded by FRIDAY, 31st October. Please have your award book signed by your teacher.

**Year 6 Farewell and Graduation Fundraiser $2 Mufti Day**
The Year 6 will be holding a $2 ‘Crazy Hair’ Mufti Day on Thursday, November 13 to assist with their preparation for the Farewell and Graduation.

Students may come to school with coloured or styled hair of their choice.

We appreciate the continued support from our school community.

May Ptolemy Assistant Principal

**Library News**
I am sending overdue notices home later this week. If your child has already returned their book, please write a note on the notice and send it to me.

Thank you,
Ms McArdle
Teacher/Librarian

**Stewart House Clothing Appeal**
Stewart House bags are due back at school by Friday, 7th November, 2014. Thank you for your donations.

**Kindergarten 2015**
Students enrolling in Kindergarten 2015 MUST turn 5 before 31 July, 2015. Please visit the office to obtain enrolment forms. The forms should be returned as soon as possible so that we can notify prospective parents of information and orientation sessions to take place in term 4. Please inform neighbours if they have children due to start school next year.

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**Lunchbox snack foods**
Children need to eat a range of different foods to provide nutrients to meet growth and energy needs. Snacks need to be everyday foods rather than sometimes foods.

<table>
<thead>
<tr>
<th>Everyday Snacks</th>
<th>Sometimes Snacks</th>
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</thead>
<tbody>
<tr>
<td>fruit loaf</td>
<td>muesli bars and dried fruit bars</td>
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<tr>
<td>plain popcorn</td>
<td>potato crisps / chips and corn chips</td>
</tr>
<tr>
<td>plain or fruit yoghurt</td>
<td>lollies and confectionary chocolate</td>
</tr>
<tr>
<td>cheese and crackers</td>
<td>cordial</td>
</tr>
<tr>
<td>fresh fruit or canned fruit</td>
<td>soft drink</td>
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<tr>
<td>dried fruit and cheese cubes</td>
<td></td>
</tr>
<tr>
<td>wholemeal biscuits or crackers</td>
<td></td>
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<tr>
<td>vegetable sticks and dip or salsa</td>
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</tr>
<tr>
<td>corn or rice cakes with or without spreads</td>
<td></td>
</tr>
<tr>
<td>celery, cherry tomatoes and carrot sticks</td>
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</tr>
</tbody>
</table>

Confectionary and lollies are very high in sugar, provide extra kilojoules and cause tooth decay. They are not recommended for lunch boxes. Keep these foods for special occasions only.

**Environmentally friendly snack foods**
Choose an apple, mandarin, orange, pear, banana, plum, mangoes, pieces of melons, nectarines, peaches or other fresh seasonal fruit for a quick, easy, environmentally-friendly snack. No packaging, full of nutrients and antioxidants, plus it tastes delicious!
Direct Deposits to school account:
When making direct deposits to the school account for excursion and activities please ensure that you include your child’s name and a description of excursion.
e.g. J. Smith Carnival Westpac – BSB 032001 Account No. 163318. All canteen and P&C activities need to be paid in cash. No direct deposits to the school account should be made.

All payments and permission notes need to be handed in at the office.

Thank you for your assistance. If you have any questions regarding payments please contact the office.

Attendance Reminder
Please be reminded that if your child is absent from school, you will need to provide a note, stating the reason for absence, to the school promptly. Regular attendance at school is essential if students are to maximise their potential. If you have concerns in this area, please see or contact Mr Tucker on 47301201.

Cambridge Gardens Public School
34 Trinity Drive, Cambridge Park. 2747
Ph.: 4730 1201 Fax: 4729 1385

Absence note

Name ____________________________

Class ____________________________

My Child was away from _________ to ___________.

Reason for this absence was:
__________________________________________

Signed__________________________

Parent/Guardian ________/____/____

Please enter my details on the Cambridge Gardens Public School P & C helpers’ data base. I consent to being contacted by a member of the P & C Executive committee regarding my availability to help at various P & C events.

Signed: __________________________________

P & C News

Next Meeting
Our next meeting will be held on Tuesday, 25th November at 2pm in the staffroom. Please consider coming along. New faces are always welcome and your input is appreciated!

School Banking
School Banking is this Friday, 31st October. Please make sure you complete the deposit slip and secure your money in your banking wallet. All bank books are to be taken straight to the office.

Scholastic Book Club
The Issue 7 order has been placed and books should hopefully be back next week.!!